

Postoperative Instructions – Mastectomy
Philip Fischer II MD – (205) 939-6888

1. If needed, please take your pain medication as prescribed by Dr. Fischer.
2. Leave the white dressing that covers your wound in place until Dr. Fischer removes it at your follow up visit. Do not get the wound (or drain) wet until after your drain is removed.
3. Please empty your drains at least daily and record how much the drain puts out each 24 hours. If you have more than one drain then record each drain output separately.
4. When your drain output is below 30 cc a day, call to arrange a follow up visit to remove the drain.
5. Please call the office if you have any of the following:
 1. Significant bleeding from the wound that is soaking the dressing or creating a large hematoma involving the wound. Also, if there is a large amount of bloody drainage into the drain.
 2. Redness around the wound or drainage from the wound that appears infected.
6. Do not drive a car until your follow up visit. Also do not drive if you are still taking narcotic pain medication.
7. If you have an emergent medical problem or concern such as difficulty breathing please come immediately to the emergency room.