

Postoperative Instructions – Gallbladder Surgery
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1. If needed, please take your pain medications as prescribed by Dr. Fischer
2. You may shower 36 hours after surgery but do not submerge your wound underwater in a bathtub, pool or lake etc. until the wounds are well healed. (usually 3 weeks after surgery)
1. Eat mild and plain food for the first 24 hours after your surgery, and then advance your diet back to normal as tolerated.
2. Some bruising and swelling can be expected adjacent to the wounds. A large blood clot (hematoma) or significant bleeding is not expected. Please call the office if you develop such. Also, if a wound looks infected please call the office.
3. Call the office for a follow up appointment.
4. Stay active walking frequently. You may resume regular activity and exercising when you feel ready.
5. Please call the office if you have any of the following:
 1. Significant bleeding from the wound.
 2. Redness around the wound or drainage from a wound that appears infected.
 3. Vomiting and inability to keep down liquids.
 4. Excessive pain
 5. High fevers (greater than 101)
 6. Inability to urinate.
6. If you have an emergent medical problem or concern such as difficulty breathing or significant chest pain, please come immediately to the emergency room.
7. Do not drive a car for at least 48 hours after surgery. Also, do not drive a car if you are still on narcotic pain medication.