

Postoperative Instructions – Breast Surgery (Lumpectomy)
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1. If needed, please take your pain medication as prescribed by Dr. Fischer.
2. Wear a good support bra for the first week after surgery.
3. Remove the white dressing that covers your wound 36 hours after surgery.
You may shower after you remove the white dressing, but do not submerge your wound underwater in a bathtub, pool or lake etc. until the wound is well healed. (Usually 3-4 weeks after surgery)
4. Beneath the white dressing you will find steri – strips (which look like butterfly bandages) on the wound – leave them on the wound. If they fall off, do not worry because the wound is also stitched closed and the steri-strips are simply reinforcement.
5. Call to arrange your follow up visit.
6. Please call the office if you have any of the following:
 1. Significant bleeding from the wound that is soaking the dressing or a large hematoma involving the wound.
 2. Redness around the wound or drainage from the wound that appears infected.
7. Do not drive a car for 48 hours after your surgery. Also do not drive if you are still taking narcotic pain medication.
8. If you have an emergent medical problem or concern such as difficulty breathing or chest pain please come immediately to the emergency room.